

# Oakland Unified School District

High School Satellite Lunch

HHFKA - 9-12

MAY 2019

| Monday  | Tuesday  | Wednesday  | Thursday  | Friday  |
|---|--|--|---|---|
|   |  | May - 1<br><br>BBQ Wings w/ Pita<br>Cobb Salad<br>Spicy Chicken Sandwich<br>Garlic Fries<br>Mini Baby Carrots<br>Shape-Up<br>Raisins<br>MILK: Non - Fat & 1%                 | May - 2<br><br>Beef Tacos<br>Chicken Cesear Salad<br>Grilled Cheese (V)<br>Spinach Salad<br>Mini Baby Carrots<br>Tangerine<br>Raisins<br>MILK: Non - Fat & 1%                         | May - 3<br><br>Cherry Blossom Bowl<br>Grilled Chicken Salad<br>w/ Roll<br>All Beef Hamburger<br>Stir Fry Vegetables<br>Mini Baby Carrots<br>Strawberries<br>Raisins<br>MILK: Non - Fat & 1% |
| May - 6<br><br>Bean & Cheese Pupusa (<br>Buffalo Chicken Salad<br>Combo Pizza (P)<br>Cheesy Toast<br>Cilantro Lime Slaw<br>Mini Baby Carrots<br>Pear<br>Raisins<br>MILK: Non - Fat & 1%<br>Chocolate Milk | May - 7<br><br>Cheese Pizza<br>Pepperoni Pizza<br>Grilled Chicken Salad<br>w/ Roll<br>Corn<br>Mini Baby Carrots<br>Cara Cara Orange<br>Raisins<br>MILK: Non - Fat & 1% | May - 8<br><br>BBQ Wings w/ Pita<br>Chicken Cesear Salad<br>Gardenburger (V)<br>Carrot and Celery Sticks<br>Mini Baby Carrots<br>Shape-Up<br>Raisins<br>MILK: Non - Fat & 1% | May - 9<br><br>Buffalo Chicken<br>w/ Pita<br>Grilled Chicken Salad<br>w/ Roll<br>Quesadilla (V)<br>Romaine Salad<br>Mini Baby Carrots<br>Tangerine<br>Raisins<br>MILK: Non - Fat & 1% | May - 10<br><br>Managers Choice<br>Chicken Cesear Salad<br>Cheese Pizza (V)<br>All Beef Hot Dog<br>Baked Beans<br>Mini Baby Carrots<br>Peach<br>Raisins<br>MILK: Non - Fat & 1%             |

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MAY 2019

| Monday  | Tuesday   | Wednesday  | Thursday   | Friday   |
|---|---|--|--|--|
| May - 13<br><br>Orange Chicken w Rice<br>Buffalo Chicken Salad<br>Combo Pizza (P)<br>Teriyaki Chicken Sand<br>Stir Fry Vegetables<br>Mini Baby Carrots<br>Plum<br>Raisins<br>MILK: Non - Fat & 1%<br>Chocolate Milk<br>Soy Butter n Jelly<br>Sandwich (V) | May - 14<br><br>Cheese Pizza<br>Pepperoni Pizza<br>Grilled Chicken Salad w/ Roll<br>Baked Beans<br>Mini Baby Carrots<br>Peach<br>Raisins<br>MILK: Non - Fat & 1%  | May - 15<br><br>Korean BBQ Wings w/ Rice<br>Cobb Salad<br>Spicy Chicken Sandwich<br>Carrot and Celery Sticks<br>Mini Baby Carrots<br>Shape-Up<br>Raisins<br>MILK: Non - Fat & 1% | May - 16<br><br>Bean and Cheese Tostad<br>Chicken Cesear Salad<br>Grilled Cheese (V)<br>Romaine Salad<br>Mini Baby Carrots<br>Tangerine<br>Raisins<br>MILK: Non - Fat & 1%         | May - 17<br><br>Chicken Parmesan & Pasta<br>Grilled Chicken Salad w/ Roll<br>Cheese Pizza (V)<br>All Beef Hamburger<br>Hamburger Bar<br>Sweet Corn Salad<br>Mini Baby Carrots<br>Strawberries<br>Raisins<br>MILK: Non - Fat & 1% |
| May - 20<br><br>Chicken Burrito<br>Buffalo Chicken Salad<br>Combo Pizza (P)<br>Deli Sandwich<br>Pinto Beans<br>Mini Baby Carrots<br>Plum<br>Raisins<br>MILK: Non - Fat & 1%<br>Chocolate Milk   | May - 21<br><br>Cheese Pizza<br>Pepperoni Pizza<br>Grilled Chicken Salad w/ Roll<br>Corn Cobette<br>Mini Baby Carrots<br>Peach<br>Raisins<br>MILK: Non - Fat & 1% | May - 22<br><br>Lemon Garlic Wings w/ Pita<br>Chicken Cesear Salad<br>Gardenburger (V)<br>Garlic Fries<br>Mini Baby Carrots<br>Shape-Up<br>Raisins<br>MILK: Non - Fat & 1%       | May - 23<br><br>Jerk Chicken Drumstick w/ Rice<br>Chicken Cesear Salad<br>Grilled Cheese (V)<br>Spinach Salad<br>Mini Baby Carrots<br>Tangerine<br>Raisins<br>MILK: Non - Fat & 1% | May - 24<br><br>Spaghetti w Meat Sauce<br>Bean & Cheese Pupusa ( Cheese Pizza (V)<br>All Beef Hot Dog<br>Cilantro Lime Slaw<br>Mini Baby Carrots<br>Strawberries<br>Raisins<br>MILK: Non - Fat & 1%                              |

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 MAY 2019

| Monday   | Tuesday  | Wednesday  | Thursday  | Friday   |
|----------|--|--|---|----------|
| May - 27 | May - 28<br><br>Cheese Pizza<br>Pepperoni Pizza<br>Grilled Chicken Salad<br>w/ Roll<br>Mini Baby Carrots<br>Peach<br>Raisins<br>MILK: Non - Fat & 1% | May - 29<br><br>Buffalo Wings<br>w/ Pita<br>Cobb Salad<br>Spicy Chicken Sandwich<br>Garlic Fries<br>Mini Baby Carrots<br>Shape-Up<br>Raisins<br>MILK: Non - Fat & 1% | May - 30<br><br>Managers Choice<br>Chicken Cesear Salad<br>Grilled Cheese (V)<br>Spinach Salad<br>Mini Baby Carrots<br>Tangerine<br>Raisins<br>MILK: Non - Fat & 1% | May - 31 |

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