

# Oakland Unified School District

High School Satellite Lunch

HHFKA - 9-12

APRIL 2019

Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 1	Apr - 2 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad w/ Roll California Vegetables Mini Baby Carrots Blood Orange Raisins MILK: Non - Fat & 1%	Apr - 3 Jerk Wings w/ Rice Cobb Salad Baked French Fries Mini Baby Carrots Shape-Up Raisins MILK: Non - Fat & 1%	Apr - 4 Beef Chili w/Chips Grilled Cheese (V) Spinach Salad Mini Baby Carrots Tangerine Raisins MILK: Non - Fat & 1%	Apr - 5 Fish Sticks w Roll Grilled Chicken Salad w/ Roll Green Beans Mini Baby Carrots Pink Lady Apple Raisins MILK: Non - Fat & 1%
Apr - 8 Chicken Enchilada Casserole w Rice Buffalo Chicken Salad Cheesy Toast Sriracha Beans Mini Baby Carrots Pear Raisins MILK: Non - Fat & 1% Chocolate Milk	Apr - 9 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad w/ Roll California Vegetables Mini Baby Carrots Cara Cara Orange Raisins MILK: Non - Fat & 1%	Apr - 10 Korean BBQ Wings w/ Rice Chicken Cesear Salad Gardenburger (V) Carrot and Celery Sticks Mini Baby Carrots Shape-Up Raisins MILK: Non - Fat & 1%	Apr - 11 Kung Pao Chicken w/ Rice (FP) Grilled Chicken Salad w/ Roll Quesadilla (V) Romaine Salad Mini Baby Carrots Tangerine Raisins MILK: Non - Fat & 1%	Apr - 12 Managers Choice Chicken Cesear Salad All Beef Hot Dog Corn Mini Baby Carrots Strawberries Raisins MILK: Non - Fat & 1%

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Monday	Tuesday	Wednesday	Thursday	Friday
Apr - 15 Orange Chicken w Rice Buffalo Chicken Salad Teriyaki Chicken Sand Stir Fry Vegetables Mini Baby Carrots Pear Raisins MILK: Non - Fat & 1% Chocolate Milk Soy Butter n Jelly Sandwich (V)	Apr - 16 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad w/ Roll Baked Beans Mini Baby Carrots Blood Orange Raisins MILK: Non - Fat & 1%	Apr - 17 Buffalo Wings w/ Pita Cobb Salad Spicy Chicken Sandwich Carrot and Celery Sticks Mini Baby Carrots Shape-Up Raisins MILK: Non - Fat & 1%	Apr - 18 Chorizo + Greens (P, FP) Chicken Cesear Salad Grilled Cheese (V) Romaine Salad Mini Baby Carrots Tangerine Raisins MILK: Non - Fat & 1%	Apr - 19 Chicken Parmesan & Pasta Grilled Chicken Salad w/ Roll All Beef Hamburger Sweet Corn Salad Mini Baby Carrots Pink Lady Apple Raisins MILK: Non - Fat & 1%
Apr - 22 Chicken Burrito Buffalo Chicken Salad Deli Sandwich Pinto Beans Mini Baby Carrots Pear Raisins MILK: Non - Fat & 1% Chocolate Milk	Apr - 23 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad w/ Roll Mini Baby Carrots Cara Cara Orange Raisins MILK: Non - Fat & 1%	Apr - 24 Lemon Garlic Wings w/ Pita Chicken Cesear Salad Gardenburger (V) Garlic Fries Mini Baby Carrots Shape-Up Raisins MILK: Non - Fat & 1%	Apr - 25 Korean BBQ Chicken w/ Rice Chicken Cesear Salad Grilled Cheese (V) Spinach Salad Mini Baby Carrots Tangerine Raisins MILK: Non - Fat & 1%	Apr - 26 Egg Roll & Fried Rice Bean & Cheese Pupusa ( ) All Beef Hot Dog Cilantro Lime Slaw Mini Baby Carrots Strawberries Raisins MILK: Non - Fat & 1%

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Apr - 29 Chicken Tikka Marsala w/ Rice Buffalo Chicken Salad Peas and Carrots Mini Baby Carrots Pear Raisins MILK: Non - Fat & 1% Chocolate Milk	Apr - 30 Cheese Pizza Pepperoni Pizza Grilled Chicken Salad w/ Roll Baked Beans Mini Baby Carrots Blood Orange Raisins MILK: Non - Fat & 1%			

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